

# Master in Life Sciences

A cooperation between  
BFH, FHNW, HES-SO, ZHAW

<b>Module title</b>	<b>Progresses in Food Processing</b>
<b>Code</b>	F1
<b>Degree Programme</b>	Master of Science in Life Sciences
<b>Group</b>	Food
<b>Workload</b>	3 ECTS (90 student working hours: 42 lessons contact = 32 h; 58 h self-study)
<b>Module Coordinator</b>	<p><b>Name:</b> Prof. Dr Michael Beyrer  <b>Phone:</b> +41 (0)27 606 85 23  <b>Email:</b> <a href="mailto:michael.beyrer@hevs.ch">michael.beyrer@hevs.ch</a>  <b>Address:</b> School of Engineering, Institute of Life Technologies, Rue de l'Industrie 19, 1950 Sion</p>
<b>Lecturers</b>	<ul style="list-style-type: none"> <li>• Prof. Dr Michael Beyrer, HES-SO</li> <li>• Guest lecturers</li> </ul>
<b>Entry requirements</b>	<ul style="list-style-type: none"> <li>• Basic knowledge of thermal and mechanical food processing operations</li> <li>• Basic understanding of heat and mass transport phenomena</li> <li>• Knowledge of most characteristic modifications of food ingredients caused by the processing or preparation of food</li> <li>• Basic knowledge in food microbiology</li> <li>• Basic skills in chemical, microbiological and physical food analysis</li> <li>• <b>See also information under “comments”</b></li> </ul>
<b>Learning outcomes and competences</b>	<p>After completing the module, the students will be able to</p> <ul style="list-style-type: none"> <li>• explain principles and fields of application of several emerging food processing technologies,</li> <li>• measure, report, and discuss the influence of the different technologies on food properties.</li> </ul>
<b>Module contents</b>	<p><u>Theoretical input</u>  We explain principles, equipment design, and impact of emerging technologies on food properties. For illustration, we present case studies for beverages, fruits, vegetables, plant-based food, meat, and dairy products and discuss the technologies' advantages, limitations, and technical readiness.</p> <p>The lecture focuses on (1) non-thermal and (2) plant-based food technologies applicable at a large scale. Specifically, pulsed electric fields and high-pressure processing will be elucidated in chapter (1) and extraction of proteins and twin-screw extrusion in chapter (2).</p> <p><u>Practical activities</u>  <b>1<sup>st</sup> activity: Shelf-life extension and food safety control with non-thermal technologies</b></p> <ul style="list-style-type: none"> <li>• Inoculation of food with relevant spoilage microorganisms</li> <li>• Inactivation of microorganisms by heat, pulsed electric field and high pressure at the pilot-plant scale</li> <li>• Detection of the inactivation effect and calculation of inactivation kinetics</li> </ul>

	<ul style="list-style-type: none"> <li>• Determination of variation of other characteristic product properties, such as colour, antioxidant capacity, texture, and viscosity, as a function of the type of treatment and process window</li> <li>• Optional: Cold atmospheric plasma treatments</li> <li>• Reporting and discussion of results</li> </ul> <p><u>2<sup>nd</sup> Topic: Plant-based food</u></p> <ul style="list-style-type: none"> <li>• Illustration of the down-stream processing of bioresources for protein extracts and powder manufacturing</li> <li>• Training on methods for the characterisation of the techno-functionality of proteins, such as dynamic viscosity, thermal analysis, water holding capacity, and protein solubility</li> <li>• Training on twin-screw extrusion for producing meat substitutes</li> <li>• Methods for the characterisation of extruded plant-based foods, such as texture analyses and sensory evaluation</li> <li>• Reporting and discussion of results</li> </ul>																								
<b>Teaching / learning methods</b>	<p><u>Theoretical inputs (18% - 16h):</u></p> <ul style="list-style-type: none"> <li>• Lecturing and co-working</li> </ul> <p><u>Practicals (18% - 16h)</u></p> <ul style="list-style-type: none"> <li>• Practical activities in the pilot plant and several laboratories</li> </ul> <p><u>Self-study (64% - 58h)</u></p> <ul style="list-style-type: none"> <li>• Pre-reading – 24h</li> <li>• Report preparation: 20h</li> <li>• Exam preparation: 12h</li> <li>• Written exam: 1h</li> </ul>																								
<b>Assessment of learning outcome</b>	<ol style="list-style-type: none"> <li>1. Final individual written test for theoretical inputs and self-study (closed book; 60%)</li> <li>2. Group report for practical's assessment, to be handed in 3 weeks after the end of the module (40%)</li> </ol>																								
<b>Format</b>	Winter School																								
<b>Timing of the module</b>	Autumn semester, CW 4																								
	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td style="padding: 2px;">Day of the block week</td> <td style="padding: 2px;">&lt;1</td> <td style="padding: 2px;">1</td> <td style="padding: 2px;">2</td> <td style="padding: 2px;">3</td> <td style="padding: 2px;">4</td> <td style="padding: 2px;">5</td> <td style="padding: 2px;">&gt;5</td> </tr> <tr> <td style="padding: 2px;">Contact teaching (lessons)</td> <td style="padding: 2px;"></td> <td style="padding: 2px;">8</td> <td style="padding: 2px;">9</td> <td style="padding: 2px;">9</td> <td style="padding: 2px;">8</td> <td style="padding: 2px;">8</td> <td style="padding: 2px;"></td> </tr> <tr> <td style="padding: 2px;">Self-study (hours)</td> <td style="padding: 2px;">24</td> <td style="padding: 2px;">2</td> <td style="padding: 2px;">2</td> <td style="padding: 2px;">2</td> <td style="padding: 2px;">2</td> <td style="padding: 2px;">2</td> <td style="padding: 2px;">24</td> </tr> </table>	Day of the block week	<1	1	2	3	4	5	>5	Contact teaching (lessons)		8	9	9	8	8		Self-study (hours)	24	2	2	2	2	2	24
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<b>Venue</b>	Sion / Sitten																								
<b>Bibliography</b>	<p>Recommended textbooks for pre-course work (information regarding relevant chapters will be provided on Moodle):</p> <p>Fellows PJ, 2016. Food Processing Technology. Woodhead Publishing, 4<sup>th</sup> edition, 1152 pp. Singh RP, Heldman D, 2013. Introduction to Food Engineering. Academic Press, 5<sup>th</sup> edition, 892 pp.</p> <p>Advanced course material:</p>																								



	Sun DW, 2014. Emerging Technologies for Food Processing. Academic Press, 2nd edition, 666 pp.
<b>Language</b>	English
<b>Links to other modules</b>	
<b>Comments</b>	<p>The practicals will be carried out twice if enrolments exceed 20 participants. A maximum of 40 participants can enrol on this course. Registrations will be considered as follows:</p> <ol style="list-style-type: none"> <li>1. Students for whom F1 is a compulsory module</li> <li>2. Students from the Food-Cluster</li> <li>3. Students who need the ECTS for the graduation in the semester concerned</li> <li>4. The remaining places will be drawn by lot</li> </ol> <p>Whether participation is possible will be communicated by the end of week 37.</p>
<b>Last Update</b>	16.04.2024